



Things to know about Reconnective Healing

- RH is a non-invasive, holistic approach to healthcare which offers benefits without risk: no side effects, no pills to take, no needles involved.
- RH is as much for prevention as it is for restoration. It works as a stand alone, or in support of any other healthcare already in place.
- RH works on all levels emotional, physiological, psychological, spiritual, and other. It facilitates a return to balance, which then allows your body to resume its normal function.
- RH does not diagnose. It is not therapy: coming back on a regular basis is not required. Rather, only 1 to 3 sessions are offered per life situation, and 1 session a year is recommended to maintain your wellbeing & prevent illness, similar to a tune-up or warrant of fitness for your car.
- RH is electromagnetic in nature and works with the biofield naturally generated by your cells. Healings are frequency based, hence no (biochemically based) medication is required.
- Appreciate your magnificent body, serving you ever so reliably every day: your cells (all 50 trillion of them) are amazing, intelligent multitaskers, accomplishing 1000s of tasks simultaneously, without you being aware of it. Your body is a walking expression of a concerted, extremely well coordinated, cooperative life process. And we don't do anything consciously for that to be in effect. It just is, and it runs us every day.
- Every cell in your body is intelligent. And it is this innate intelligence that allows for healings. A RH session reconnects you with the ability to heal yourself, essentially. This is what our bodies are naturally born to do. Did you know a small child's fingertip can regenerate fully after being accidentally removed? We give ourselves a lot less credit than is appropriate!
- Trust in your ability to heal. You absolutely can. Your body knows exactly what to do with the Reconnective Healing frequencies, and this is not necessarily a conscious process. Without exception, something always happens during a Reconnective Healing session.